



# New Sociables

Bloom where you are transplanted

February 2024

## Lori Martz President's Message



Our new year is upon us. We must have many snowbirds because our attendance at the January meeting was down to 108 (118 for December). Since we feel crunched for space only the first couple of months in the fall and the last months of spring, the general membership has decided to remain at Peach Church and not look for an alternate meeting space. We are well under the fire code of 240 using tables and chairs. The church staff was proactive for the January meeting by taking down some tables and putting up more chairs. It was a good combination, and staff is willing to continue this setup. We are also considering using one of the side rooms to showcase the monthly activity sheets. As you know, it gets very crowded around the tables. Moving the sheets to a side room would alleviate the people jam.

The Board voted to purchase liability insurance for \$336/year through Travelers Insurance. This amount is under the set budget of \$700. This will cover the organization when we are meeting at Peace Church. It does not cover us when events are held off-site. The main coverage points include: General Aggregate \$2M, Each Occurrence \$1M, Personal Injury \$1M, Damage to Premises Rented to You \$300,000, Medical Expenses - Any One Person \$10,000.

By the time you read this Newsletter, the Member Interest Survey will have been sent out. Please consider volunteering for one of the many positions that make New Sociables run as smoothly as it does. The Nominating Committee will consist of the President, the Advisor(s), the Membership Chairman and three others from the organization. The VP will be one of them. I received one volunteer and **I need another volunteer. Please contact me.** We will meet in February to discuss positions.

The Board is still considering the reduction of Appointed Positions on the Board. Currently, it stands at 17. We will continue to discuss the issue and bring it before the general membership for a vote.



## February Speaker Spotlight Dr. Kim Heikkila

### *Sisterhood of War: Minnesota Women in Vietnam*

Approximately nine thousand U.S. military nurses served in Vietnam during the U.S.-Vietnam war. Though women did not serve in combat, nurses encountered the consequences of war on a daily basis as they cared for its casualties -- military and civilian, American and Vietnamese. Like so many other Vietnam veterans, they struggled with their wartime experiences once they returned home. The fact that they were women veterans added another layer of difficulty to their readjustment.

Dr. Kim Heikkila is an independent scholar, oral historian, author, and educator. Her book, *Sisterhood of War: Minnesota Women in Vietnam* is based on oral history interviews with fifteen nurses from Minnesota who served in the U.S.-Vietnam War and came to rely on each other as they confronted the traumatic aftereffects of their service. Join Dr. Heikkila for a discussion of nurses' experiences during and after the war, with a special focus on this unique sisterhood from Minnesota.

Her most recent book, *Booth Girls: Pregnancy, Adoption, and the Secrets We Kept* blends history, biography, memoir, oral history, and creative writing in tracing a legacy of contested motherhood.

Both *Booth Girls* and *Sisterhood of War* were finalists for a Minnesota Book Award. Kim has a Ph.D. in American Studies from the University of Minnesota and taught U.S. history and women's history for more than ten years at St. Catherine University before launching Spotlight Oral History in 2016.

#### Membership Note

The New Sociables Constitution, under Article III: MEMBERSHIP, states that: Those joining after February 1st shall pay one-half of the assessed amount. This saving shall be available to *first-time new members only*. The fee for new members as of February 1, 2024, will be \$20.

Karla Zellmer, Membership Chairperson 651 303 5932

# Community Service

## SUNSHINE

- Provide a ray of sunshine in time of need
- For members recently hospitalized:
  - Provide a small meal
  - Run a quick errand
- Send greeting cards to members
  - Condolences
  - Get well
  - Encouragement
  - Milestone birthdays: 60, 70...
- Donate unused greeting cards and blank notecards at each meeting
- New volunteers always welcome

Contact: Marvel Thorne 952 913 8504

Barb Kloven 315 225 9662

## LEWIS HOUSE

Facility for women and children seeking shelter and support to rebuild their lives after leaving abusive situations.

**February** requested items:

- Bath Robes (M-XL)
- Antibacterial wipes



**Ongoing need:**

- Cell phones
- Luggage: \*NEW ONLY\*
- Gift cards: small monetary value

Target Gas Amazon  
Walmart Cub

→ Bring donations to monthly meeting

Contact: Cheryl Lauby 608 446 5142

Sandy Brown 612 418 0755

**Thank you for your generosity!**



Galentine crafting event benefiting Ziggy's Art Bus.

## FEED MY STARVING CHILDREN

990 Lone Oak Rd Eagan

Fri February 09 9:00 - 10:45 am

**Special opportunity:** South Metro mobile pack has various sessions from February 4th through February 10th at Hosanna Lakeville. **Contact Deb with questions.**

Website: [fmsc.org](http://fmsc.org)

Pack specially-formulated meals for malnourished children throughout the world

- Jobs for all capabilities (standing / sitting)
- Friends/relatives over 5 years old welcome
- Volunteers will receive email from FMSC

### January contribution

13 Volunteers packed 60 boxes = 12,960 meals  
= 36 children one meal/day for 1 year



## Ziggy's ART BUS

Next packing session - March

Website: [ziggysartbus.org](http://ziggysartbus.org)

Bring joy to children with medical challenges and life-threatening conditions

- Sign up at the February meeting
- Pack art activity kits
- 3 packing events planned for 2023-24

Contact: Charlene Ostendorf 952 994 3912

Mary Preusser 612 414 4792

Please sign up each month to volunteer.  
Lists provided at monthly meetings.

## PARTY BRIDGE

Casper's Cherokee Restaurant  
4625 Nicols Rd. Eagan  
10:00 - 2:30 pm

- 3rd Monday
- Lunch break
- Signup required

Contact: Mary Gerenz 952 261 4614  
Fran Laufle 651 699 5042



# Cards & Games

## DUPLICATE BRIDGE

Casper's Cherokee Restaurant  
4625 Nicols Rd. Eagan  
10:00 - 2:30 pm

- 4th Monday
- \$1.00 for the kitty
- Lunch at restaurant
- Signup at monthly meeting

Contact: Lynda Freund 952 201 6589

## 500

Rascal's Bar & Grill  
7721 West 147 St. Apple Valley  
11:20 - 3:00 pm

- 2<sup>nd</sup> Wednesday (Sep - May)
- \$1.00 for prizes
- Lunch first
- Email sent week before play

Contact: Pat Lynam 218 839 7789  
Pat Steigerwald 612 518 9952

## BUNCO

Ole Piper Restaurant  
16604 Cedar Ave S Lakeville  
11:30 am

- 2<sup>nd</sup> Tuesday (Sep - May)
- Easy dice game, no skill needed
- Break for lunch
- Refrain from wearing scent due to allergies

Contact: Linda Neubauer 952 432 8516



## MAH JONGG

Ole Piper Restaurant  
16604 Cedar Ave S. Lakeville  
11:00 - 3:00 pm

- 1<sup>st</sup> Thursday and 3<sup>rd</sup> Tuesday
- Enjoy lunch
- No signup since reservations not required
- All levels welcome

Contact: Betsy Nurmela 906 475 9569  
Dee Goetzke 612 702 5900



## HAND and FOOT

Ole Piper Restaurant  
16604 Cedar Ave S. Lakeville  
11:15 am

- 3<sup>rd</sup> Thursday
- \$1.00 to kitty: winner at each table
- Organize tables at 11:15; please be prompt
- Lunch midway
- 4 rounds
- No sign up necessary, just come and play

Contact: Jan Petermann 952 994 1879

## CRIBBAGE

Starbucks at Kowalski's Market  
1646 Diffley Rd Eagan  
February 7th 10:00 - 12:00 pm

- 1<sup>st</sup> Wednesday (Sep - May)
- Bring a cribbage board if possible
- Easy game to play

Contact: Judy Rau 651 600 5813  
Cindy Manwarren 612 201 5784



Visit the table at each monthly meeting: add your name to lists for activities and email notifications

# Hobbies & Crafts

A SAR FAVORITE!

## Mint chocolate chip cookies

*from the Kitchen of Julie Franzen*

Preheat oven to 350 degrees

### Ingredients:

- 2 Egg Whites
- 3/4 c Sugar- *superfine sugar works best, if using regular sugar, grind it in a bowl to make it finer.*
- 1/8 tsp Salt
- 1/8 tsp Cream of Tartar
- 1 pkg Mint Chips (I only see them at Walmart, their brand OR
- 10 oz of regular chocolate chips &
- 1/4 tsp of peppermint extract

### Directions:

Beat egg whites, sugar, salt and cream of tartar until stiff with electric mixer. Fold in mint chips. Drop cookies by a little more than a tsp full on a wax paper lined cookie sheet. Put cookies in and **TURN THE OVEN OFF**, Leave in for 4 hours or overnight. ENJOY!

## SHARE A RECIPE

February 28<sup>th</sup> 12:00 pm

Hostess **Beth Lambert** 765 412 1401  
15674 Duck Pond Way Apple Valley

**Theme:** New Recipes you want to try!

- 4<sup>th</sup> Wednesday (except Nov and Dec)
- "Foodies" to sample and share a recipe
- Hostess selects a theme
- To cover costs of sending recipes via USPS bring:
  - \* SASE (legal size)
  - \* copy of recipe
  - \* \$1.00 for copying costs
- Volunteer to host at your home
- Good food, good conversation, good friendship

Contact: RuthAnn Miller 507 461 0074

Joanie Rockvov 651 485 7778

## CRAFTY LADIES

February Hostess **Lynda Freund**

16292 Equestrian Tr Lakeville

- 2<sup>nd</sup> Thursday
- Work on current art or craft
- Share your project, technique or skill
- Members are great for roadblocks, ideas, and questions
- All are welcome

Contact: Lisa Boerboom 651 262 6892

Sonia Aamodt-Schulz 612 710 3003



Galentine crafting event  
benefiting Ziggy's Art Bus.

## BOOK GROUP

*The Orphan Train*

by Christina Baker Kline

Discussion Leader: Naome Pregler

- 4<sup>th</sup> Thursday
- Choose books as a group
- Whether you've read the book or not, please come for our lively discussion
- Upcoming books can be found on the NS website

Contact: Judy Rau 651 600 5813

Deb Lingen 952 239 2275

**11:00 am** Social

El Loro 1428 Yankee Doodle Rd Eagan

**12:30 pm** Discussion

Wescott Library 14955 Galaxie Ave Eagan

# Outdoors

## WOW: Women on Wheels Looking forward to Spring!

- Every Wednesday
- 15-20 miles round-trip
- Twin Cities and surrounding area
- All abilities are welcome
- Standard and e-bikes
- Email on Sunday with route and details
- Lunch after biking
- Weather permitting

Contact: Dee Petersen 612 709 0892  
Sonia Aamodt-Schulz 612 710 3003

## SOLE SISTERS

- 1<sup>st</sup> Friday and 4<sup>th</sup> Tuesday
- 2-mile distance
- Urban walks
- Explore historical areas, hidden gems, neighborhoods, and parks of the metro
- Learn historical background and amazing facts
- Walk indoors during inclement weather
- No pre-registration
- Email 2-4 days prior: location, date and time

Contact: Lori Martz 612 366 2243

## GOLF

### On the 19<sup>th</sup> Hole until Spring

- Every Thursday
- Summer League: late May - early August
- Spring and Fall play also available
- Weather permitting

Contact: Jeri Ganz 612 710 4900

## TREKKERS

Lebanon Hills Regional Park  
Special Event: Trails by Candlelight  
860 Cliff Rd Eagan  
Feb 09 06:00 pm

\*\*Tickets for Trails by Candlelight may still be available on the Dakota Cty website\*\*

Whitetail Woods Regional Park  
17100 Station Trail Farmington  
Exact starting location in park TBD  
Feb 15 TBD

- Twice a month: dates vary
- Metro area and region
- Hike in spring/summer/fall
- Snowshoe or hike in winter
- Emails prior to each hike with details

Contact: Claudia Miller 952 237 8174  
Bev O'Connor 612 309 1665



Browse clipboards at monthly meeting: add your name if you are not already on the email

# Urban Views

## LUNCH ADVENTURES

Hazelwood Food and Drink  
8150 26th Ave S Bloomington  
February 21<sup>th</sup> 12:00 pm

- Experience various venues in metro
- 3<sup>rd</sup> Wednesday (Sep - May)
- Socialize with old and new friends
- Pay driver \$3.00 if carpool
- If form own carpool, inform Judy

Contact: Judy Rau 651 600 5813

## LUNCH with the BUNCH

Ansari's Mediterranean Grill

1560 Cliff Road Eagan



- After monthly meeting on 1<sup>st</sup> Mon (Sep-May)
- Attendees counted at each meeting
- Gather with long-time friends
- Strike up a conversation with somebody new

Contact: Chris Johansen 612 396 7512

Genevea Meives 952 392 8120

Nancy Fossum

## HAPPY HOUR

Andiamo Italian Ristorante  
1629 Lena Ct Eagan  
February 12<sup>th</sup> 3:00 pm

- 2<sup>nd</sup> Monday
- Spend time with friends, old and new
- Gather at various sites in metro
- Watch for email invitation/RSVP!

Contact: Deb Lingen 952 239 2275  
Elaine Barthelemy  
elaineab@yahoo.com

## Out & About

AVHS presents *Broadway 2024 Hollywood Dreams*

14450 Hayes Road Apple Valley

February 12<sup>th</sup> 3:30 pm

(meet in lobby at 3:00 pm, free event)

Outings to our area high schools include:

- Theatrical performance
- Musical production
- Choral concert
- Speech team presentation
- Sign up is not required

Event Leaders: Linda Swanson, Laura Klapperich, Naome Pregler, Barb Jensen, Sue Murray

Contact: Linda Swanson

612 703 1044

[cas49@aol.com](mailto:cas49@aol.com)

## TOURS

No February tour on the calendar

- Visit landmarks, museums, sites
- Twin Cities area
- Lunch after
- Please reimburse driver \$5 plus parking (driver does not pay for parking)
- If form own carpool, inform activity leader

Contact: Judy Rau 651 600 5813

## GIRLFRIEND GETAWAYS

Exclusively for New Sociables Members

Charleston, SC

Date: Sunday-Thursday June 9-13 2024

By the time this newsletter comes out, the trip may be sold out.  
Contact Lori for availability.



- Travel is an amazing experience!
- Visit destinations, near and far
- Multiple days
- Fill your life with memories, fun, and friendship

Contact: Lori Martz 612 366 2243

## LET'S GO!!

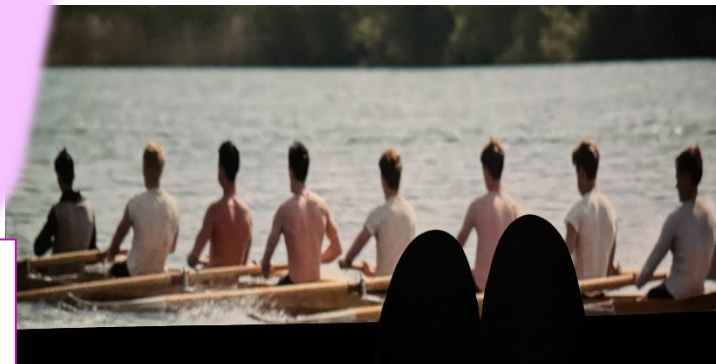
- Pop-up events
- Twin Cities area
- Watch for emails with information & date!

Contact: Barb Jensen 952 881 0231

### Recent events:

- July 14 Tiny Diner Tour & Lunch
- July 30 Transit training/SP Saints game
- Aug 16 Barbie movie
- Sep 14 Mn Zoo Tree Top Trail
- Oct 20/Nov 16 Hocokata Ti Museum
- Oct 23 Life in an American Concentration Camp (SALT talk)
- Dec 28 Boys in the Boat movie

Another fun Let's Go event. **Boys in the Boat** was well attended. Many ladies stayed to have lunch and discuss the movie at TGIF.



# Urban Views (cont.)

## Blended 和 (Harmony): The Kim Loo Sisters

May 9, 2024

History Theatre

30 E. 10th St, St. Paul

9:30 am lobby Play: 10:00 am

\$30.00 Non-refundable

Making their way from Minneapolis to the flashing lights of Broadway in the 1930s, experience the story of the remarkable *Kim Loo Sisters*. Starting at a young age this quartet gained popularity during the swing era and performed across the country, on the silver screen of Hollywood, and overseas at USO shows. This new musical is an homage to family, love, their Chinese - Polish American heritage, and the bond of these talented sisters through their lives on and off the stage.

Seats will be assigned the day of the performance first come, in no specific order. I will try to keep groups together. Payment due no later than April 1st. You are not guaranteed a seat until payment is received. Make checks payable to Judy Rau.

Arrange carpools or if unable to join a carpool please contact me.

Judy Rau  
Tours chairperson  
[judyarau@yahoo.com](mailto:judyarau@yahoo.com)  
651-451-7215(h)  
651-600-5813 (c)



# Monthly Meeting

Peace Church  
2180 Glory Drive Eagan  
1<sup>st</sup> Monday (Sep - May)

- 8:15 am Board Meeting (open to all members)
- 9:15 am General Meeting with guest speaker

## Bring to each meeting:

- **Nametag:** contact greeters to order
- **Coffee mug/water bottle**
- Enthusiasm to mingle and meet
- Smile

## GREETERS

- Welcome everyone at the door
- Yellow daisy sash wearers guide guests and new members
- Order nametags for members who request
- Mingle with attendees

Coordinator: Jeri Ganz 612 710 4900  
Susan Speetzen 612 747 0846

## HOSPITALITY

- Volunteer to bring snacks to a meeting
- Sign up at snack table
- Bring 4 dozen goodies
- Beverages provided

Thank you to the January snack providers.  
February treats will be provided by: Georgia Mitchell, Dona Stunull, Diane Kouba, Sharon Schonteich and Claudia Miller.

Coordinator: Linda Leach 425 444 2613

## INFORMATION

**Membership directory:** phone number, email address, and mailing address  
refer to electronic version in email with newsletter each month for current directory

**Board Members:** refer to website

**Activity/committee leaders:** refer to website

**Newsletters:** Current and past, refer to website



## 50/50

- Purchase tickets prior to each meeting
- 5 / \$1.00 cash only
- Please bring \$1.00 bills or small denominations
- Winner receives half the pot

**January winner:** Sheila Lange \$50.00

Coordinator: Judy Holmquist 952 457 9724  
Barb Hickman 612 254 5914

## heART Speaks...



**February 16, 10:00 am \*EVENT FILLED\***

**Zentangle, Feb 16: Introduction to Zen Tangle**, by Lisa Douglas, CZT, Galaxie Library, Apple Valley, 10-12. Eighteen are signed up. \$20 due immediately please if you have not paid Sue. Materials are included. You are invited to bring your own covered beverage. Light treats will be provided. Lunch for those who wish following in the Apple Valley area. Susan Arnold is arranging a restaurant for us.

**February 29, 10:00 am - 1:00 pm \*EVENT FILLED\***

**Glass Fusing** at the home of Lynn Mueller, 803 2nd AVE NW, New Prague. Event cost \$25 dollars was due to Sue by February 1. Your materials cost will depend on the project you choose, generally \$18 to \$35, and you will pay that to Lynne Mueller at the event. Those registered will get an email from Sue regarding carpooling. Feel free to organize lunch after.

**March 9, 2:00 pm**

**The Front Porch Players presents Murder on the Orient Express** at the Steeple Center in Rosemount. See our own Claire Ramsey on Lights, yes, she is running THE Stage Lights! Payment of \$15 dollars is due no later than February 8. Friends and Family are welcomed to attend. Join us at The Fireside, 3410 150th St West, Rosemount. 55068, for a light supper after the play. (close but you do need to move your car)

**March 21, 11:00 am**

**MN Orchestra, Dvorak Symphony NO.8**, coffee concert at Orchestra Hall. I have the tickets for those who have paid and reserved. I will communicate by email regarding times and carpools.

**March 15, Session(s): 9:30 am and 1:30 pm**

**Saori Weaving with Chiaki O'Brien**. Two classes, on Friday March 15 at the Galaxie Library in Apple Valley. 20 women signed up between the morning and the afternoon sessions, 3 hours each. Fee of \$45 dollars including materials is based on everyone following thru with their reservation. I am accepting payment now. Chiaki teaches many places around the country, is trained by the masters in Japan, and this fee is incredibly reasonable. Bring your own covered beverage and I will provide a light treat.

**April 19, Friday** at the Goldstein Museum of Art and Design, U of MN, St Paul campus, for a private presentation by their director and curator on the evolution of midcentury fashion beginning with the 1920's. Flappers to Pickle Ball Players, there will be items from the collection that may just tickle your fancy! Reservations for 30 will be taken starting in March.

**May 3, Friday**. This is not our usual 3rd Friday, but thanks to Lori for giving us the sole sister date, we can visit the Cafesjian Art Trust exhibit 'Fooling the Eye', before it closes. Come have fun with some optical illusion! Reservations for 25 will be taken starting in March.

Contact: Sue Murray 612 812 3958 [smmurray@aol.com](mailto:smmurray@aol.com) Venmo @susan-murray-171  
3783 Linden Lane, Eagan, 55123

**New Sociables heART Speaks Shares the Love!** To those who attended Galentines' Day on January 19: our 5 co-hosts requested that free-will donations be directed to Ziggy's Art Bus. Because of that, Ziggy's has received more than \$275 to purchase art supplies for the children they serve. Many thanks to all of you!

# February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mah Jongg	2 Sole Sisters
5 General Meeting Lunch w/Bunch	6	7 Cribbage	8 Crafty Ladies	9 FMSC  Trekksers
12 Happy Hour	13 Bunco	14 500 Valentines Day	15 Hand & Foot  Trekksers	16 heART Speaks- Zentangle
19 Party Bridge	20 Mah Jongg	21 Lunch Adventures	22 Book Group	23
26 Duplicate Bridge	27 Sole Sisters	28 Share a Recipe	29 heART Speaks - Glass Fusing	

heART Speaks hosted the Galentine's event benefiting Ziggy's Art Bus. The creativity was flowing!

