



New Sociables

Bloom where you are transplanted

November 2023



Lori Martz President's Message

Sometimes we feel like we're running out of time. And occasionally, we need a reminder that that's not the case. We feel mixed emotions with the coming of Autumn and the end of the year. Another fall – another turned page. I spent the first four days of October leading a group motorcoach tour up to Minnesota's North Shore along Lake Superior. Gold was the only fall color presented to us along the way. It was fine – but not spectacular. Our destination was High Falls in Grand Portage State Park on the Canadian border. It is the highest waterfall in Minnesota. I had an elderly lady in the group by the name of Rosemary. She had some physical problems, the most noticeable appeared to be a curved spine, which made her list constantly to the left. Her steps were like baby steps. However, Rosemary was determined to walk the path up to High Falls. It would take me ten minutes at a brisk pace to reach the top. It took Rosemary one-half hour. As we walked, we talked. She said that this was her one and only chance to see the falls – if she didn't do it now, she never would. She was running out of time. She was in the fall time of her life cycle. As we approached the viewing platform across from the falls, she was so excited. Not only was the rushing water over the falls incredible – but across on the Canadian side were a couple of maple trees standing out – bright red amongst all the gold. "Oh, Canada." Rosemary will stand out for me – a woman of determination of which I will try to emulate. All of us in New Sociables can be shining examples of women who gather to offer friendship, ideas, support, and laughter to one another. As our motto goes: "The object of this organization shall be to make ours the friendliest, happiest, and busiest organization in this area."

Special Request

Clean Out Your Jewelry Box!

New Sociables member, Chris Johansen, attends Church of the Risen Savior in Burnsville. She reports that their Human Trafficking Committee is collecting unwanted jewelry to be used at their annual December jewelry sale. Proceeds benefit victims and survivors of human sex trafficking and exploitation. As you may recall, our October speaker shared with us the prevalence of sex trafficking in our area. If you have jewelry to donate, place the jewelry in clear baggies, and give it to Chris Johansen at the November 6 New Sociables meeting. Dates of the Sale are: Saturday, Dec 2: 6-7pm and Sunday, Dec 3: 10am-3pm.

Website: newsociables.org Webmaster: Cindy Menas cynthiamenas@gmail.com

Newsletter: nsmnthlynews@gmail.com Editors: Sandy Sathre Patti Pronschinske



November Speaker Spotlight

Debra Pitton – *No One Left Behind*

Debra Eckerman Pitton, Ph. D., received her undergraduate degree in Communication with minors in vocal music and secondary education from Loras college, her M.Ed. in Language Arts from Northeastern Illinois University and her Ph.D. in Curriculum and Instruction from the University of North Texas. She has authored three books: *Stories of Student Teaching*, *Mentoring the Novice Teachers* and *Case Studies for Supervision*. She has published numerous articles and conducted workshops on mentoring, literature circles and communication skills for school districts across the country as well as given presentations at national educational conferences.

Deb taught high school and middle level speech, theater and English prior to receiving her Ph.D. She also served as an Assistant Superintendent for Curriculum and Learning and as an elected member of her local school board. She is retired from the faculty of Gustavus Adolphus College in St. Peter, MN, where she taught in the education department for 22 years, six of those years serving as Department Chair. Her courses included middle school methods and philosophy; secondary methods and the supervision of student teachers.

Deb's focus on globalization and service learning led her to develop international January term courses, where students worked in local communities teaching English. It was during one such course in Peru that the events shared in her current book, *No One Left Behind*, took place. Her talk will center around the experiences she had taking college students abroad, and how she managed the challenging and scary situation when flooding in Peru left her group stranded.

Deb recently moved to Bloomington with her husband, Jon, after spending 34 years in Burnsville. She has three grown children: Angela, and her husband, Kenny; Matt and his wife, Jenna; and Laura and her husband, Jose. She is especially fond of spending time with her grandchildren Mabel (4), Lucas (18mo) and Eli (14mo).

MEMBERSHIP UPDATE

As of Oct 10, there were 254 members who submitted 2023-2024 Registration Forms and dues. These members will have their contact information printed in the new directory. Directories will be distributed at the November meeting.

If you are still interested in joining New Sociables, you can find the Registration Form online at newsociables.org or you can fill out a registration form at the Nov. 6 meeting.

Karla Zellmer, Membership Chairperson

WELCOME NEW MEMBERS:

Kathy Baker* Georgi Harten* Bonnie Haugen* Jane Hubbard* Barbara Klingberg* Myrt Link* Diane Ney
* Jen Springsted* Bev Stierna* Ann O'Neil

Community Service

360 Communities- Holiday Program Armful of Love Gift Card Campaign

The Armful of Love program provides food and/or gifts to help make holidays more enjoyable. The donated gift cards provide the means for families to purchase gifts for their children.

We will be collecting gift cards at the November meeting or mail to Cheryl Lauby 15129 Crestview Circle, Rosemount MN 55068.

Gift cards suggestions: \$25 or small monetary value

Target Amazon Walmart Aldi Cub

We have been great supporters of this cause in the past.
Let's Knock it Out of the Park! this year.

WE ARE LOOKING FOR HELP HEADING UP THIS PROJECT!

Contact: Cheryl Lauby 608 446 5142

Sandy Brown 612 418 0755

LEWIS HOUSE

Facility for women and children seeking shelter and support to rebuild their lives after leaving abusive situations.

November requested items:

- Bath towel sets
(Bath, hand & wash cloth)

Ongoing need:

- Cell phones
- Luggage: new/like-new
- Gift cards: small monetary value
Target Gas Amazon
Walmart Cub

➔ Bring donations to monthly meeting

Contact: Cheryl Lauby 608 446 5142

Sandy Brown 612 418 0755

Thank you for your generosity!



Lewis House Special Request

Collect Cub Foods "KitchenAid® Cookware" promotion stamps to earn cookware for Lewis House residents. Receive a stamp for every \$10 purchased. Collection at each monthly meeting through November or mail to

Cheryl Lauby 15129 Crestview Circle, Rosemount MN 55068

Sandy Brown. 2025 W 89th Street, Bloomington MN, 55431

The "little things" can sometimes mean so much.

SUNSHINE

- Provide a ray of sunshine in time of need
- For members recently hospitalized:
 - Provide a small meal
 - Run a quick errand
- Send greeting cards to members
 - Condolences
 - Get well
 - Encouragement
 - Milestone birthdays: 60, 70...
- **Donate unused greeting cards and blank notecards at each meeting**
- New volunteers always welcome
Contact: Marvel Thorne 952 913 8504
Barb Kloven 315 225 9662



Ziggy's ART BUS

Burnhaven Library
1101 County Rd 42 Burnsville
November 17

Website: ziggysartbus.org

Bring joy to children with medical challenges and life-threatening conditions

- Sign up at the November meeting
- Pack art activity kits
- 3 packing events planned for 2023-24

Contact: Charlene Ostendorf 952 994 3912
Mary Preusser 612 414 4792

Community Service (Cont.)

FEED MY STARVING CHILDREN

990 Lone Oak Rd Eagan

Fri November 10 9:00 - 10:45 am

Mon November 13 9:00 - 10:45 am

Website: fmsc.org

Pack specially-formulated meals for malnourished children throughout the world

- Jobs for all capabilities (standing / sitting)
- Friends/relatives over 5 years old welcome
- Volunteers will receive email from FMSC

October contribution

12 Volunteers packed 43 boxes = 9288 meals

= 25 children one meal/day for 1 year

This month, the meals will be going to the South Sudan

Additional opportunities added Dec

Friday, December 8 & Monday, December 11 9:00 to 10:45 am

Contact: Deb Lingen 952 239 2275



Please sign up each month to volunteer.
Lists provided at monthly meetings.

PARTY BRIDGE

Casper's Cherokee Restaurant
4625 Nicols Rd. Eagan
10:00 - 2:30 pm

- 3rd Monday
- Lunch break
- Signup required

Contact: Mary Gerenz 952 261 4614
Fran Laufle 651 699 5042



Cards & Games

DUPLICATE BRIDGE

Casper's Cherokee Restaurant
4625 Nicols Rd. Eagan
10:00 - 2:30 pm

- 4th Monday
- \$1.00 for the kitty
- Lunch at restaurant
- Signup at monthly meeting

Contact: Lynda Freund 952 201 6589

500

Rascal's Bar & Grill
7721 West 147 St. Apple Valley
11:20 - 3:00 pm

- 2nd Wednesday (Sep - May)
- \$1.00 for prizes
- Lunch first
- Email sent week before play

Contact: Pat Lynam 218 839 7789
Pat Steigerwald 612 518 9952

BUNCO

Ole Piper Restaurant
16604 Cedar Ave S Lakeville
11:30 am

- 2nd Tuesday (Sep - May)
- Easy dice game, no skill needed
- Break for lunch
- Refrain from wearing scent due to allergies

Contact: Linda Neubauer 952 432 8516



MAH JONGG

Ole Piper Restaurant
16604 Cedar Ave S. Lakeville
11:00 - 3:00 pm

- 1st Thursday and 3rd Tuesday
- Enjoy lunch
- No signup since reservations not required
- All levels welcome

Contact: Betsy Nurmela 906 475 9569
Dee Goetzke 612 702 5900

WANT TO LEARN TO PLAY? Sign up for
Mah Jongg Bootcamp at the Nov meeting
or contact Betsy or Dee



HAND and FOOT

Ole Piper Restaurant
16604 Cedar Ave S. Lakeville
11:15 am

- 3rd Thursday
- \$1.00 to kitty: winner at each table
- Organize tables at 11:15; please be prompt
- Lunch midway
- 4 rounds
- No sign up necessary, just come and play

Contact: Jan Petermann 952 994 1879

CRIBBAGE

Starbucks at Kowalski's Market
1646 Diffley Rd Eagan
November 1st 10:00 - 12:00 pm

- 1st Wednesday (Sep - May)
- Bring a cribbage board if possible
- Easy game to play

Contact: Judy Rau 651 600 5813
Cindy Manwarren 612 201 5784



Visit the table at each monthly meeting: add your name to lists for activities and email notifications

Hobbies & Crafts

BOOK GROUP

See Events & Adventures page for an upcoming activity

- 4th Thursday
- Choose books as a group
- Whether you've read the book or not, please come for our lively discussion
- Upcoming books can be found on the NS website

Contact: Judy Rau 651 600 5813

Deb Lingen 952 239 2275

CRAFTY LADIES

November Hostess Lisa Boerboom

202 Crestway Lane West St. Paul

- 2nd Thursday
- Work on current art or craft
- Share your project, technique or skill
- Members are great for roadblocks, ideas, and questions
- All are welcome

Contact: Lisa Boerboom 651 262 6892

Sonia Aamodt-Schulz 612 710 3003

SHARE A RECIPE

**** No Event in November ****

- 4th Wednesday (except Nov and Dec)
- "Foodies" to sample and share a recipe
- Hostess selects a theme
- Christmas Cookie Tea: Fri Dec 15
- To cover costs of sending recipes via USPS

bring:

- * SASE (legal size)
- * copy of recipe
- * \$1.00 for copying costs
- Volunteer to host at your home
- Good food, good conversation, good friendship

Contact: RuthAnn Miller 507 461 0074

Joanie Rockvoy 651 485 7778

Add your name to the activity list at the monthly meeting if you are not receiving emails

Outdoors

WOW: Women on Wheels

- Every Wednesday
- 15-20 miles round-trip
- Twin Cities and surrounding area
- All abilities are welcome
- Standard and e-bikes
- Email on Sunday with route and details
- Lunch after biking
- Weather permitting

Contact: Dee Petersen 612 709 0892
Sonia Aamodt-Schulz 612 710 3003



SOLE SISTERS

- 1st Friday and 4th Tuesday
- 2-mile distance
- Urban walks
- Explore historical areas, hidden gems, neighborhoods, and parks of the metro
- Learn historical background and amazing facts
- Walk indoors during inclement weather
- No pre-registration
- Email 2-4 days prior: location, date and time

Contact: Lori Martz 612 366 2243

GOLF

Birnamwood Golf Course
12424 Parkwood Dr. Burnsville

- Every Thursday at 9:00 am
- Summer League: late May - early August
- Spring and Fall play also available
- Weather permitting

Contact: Jeri Ganz 612 710 4900

TREKKERS

Willow River State Park
1034 County Road A Hudson WI
Nov 02 11:00 am

William O'Brien State Park
16821 O'Brien Trail N
Marine on St. Croix
Nov 13 11:00 am

- Twice a month: dates vary
- Metro area and region
- Hike in spring/summer/fall
- Snowshoe or hike in winter
- Emails prior to each hike with details

Contact: Claudia Miller 952 237 8174

Bev O'Connor 612 309 1665



Browse clipboards at monthly meeting: add your name if you are not already on the email

Urban Views

LUNCH ADVENTURES

No November Adventure

- 3rd Wednesday (Sep - May)
- Experience various venues in metro
- Socialize with old and new friends
- Pay driver \$3.00 if carpool
- If form own carpool, inform Judy

Contact: Judy Rau 651 600 5813

LUNCH with the BUNCH



15668 Pilot Knob Rd Apple Valley

- After monthly meeting on 1st Mon (Sep-May)
- Attendees counted at each meeting
- Gather with long-time friends
- Strike up a conversation with somebody new

Contact: Chris Johansen 612 396 7512

Geneva Meives 952 392 8120

Nancy Fossum

HAPPY HOUR

HOULIHAN'S
RESTAURANT + BAR

1294 Promenade Place Eagan
Mon. Nov 13 3:00 pm

- 2nd Monday
- Spend time with friends, old and new
- Gather at various sites in metro
- Watch for email invitation/RSVP!

Contact: Deb Lingen 952 239 2275
Elaine Barthelemy
elaineab@yahoo.com

TOURS

No November Tour

- Visit landmarks, museums, sites
- Twin Cities area
- Lunch after
- Please reimburse driver \$5 plus parking (driver does not pay for parking)
- If form own carpool, inform activity leader

Contact: Judy Rau 651 600 5813

Let's GO!

- Spontaneous!!
- Pop-up events
- One-time occasions
- Twin Cities area
- No set schedules
- Watch email for what's happening!

Contact: Barb Jensen 952 881 0231

DON'T FORGET: Some activities require monthly sign-up. Browse the table. Snap a photo with your cellphone as a reminder.

Monthly Meeting

Peace Church
2180 Glory Drive Eagan
1st Monday (Sep - May)

- 8:15 am Board Meeting (open to all members)
- 9:15 am General Meeting with guest speaker

- Bring to each meeting:**
- Nametag: contact greeters to order
 - Coffee mug/water bottle
 - Enthusiasm to mingle and meet
 - Smile

50/50

- Purchase tickets prior to each meeting
- 5 / \$1.00 cash only
- Please bring \$1.00 bills or small denominations
- Winner receives half the pot

October winner: Anna Barnard \$65.50

Coordinator: Judy Holmquist 952 457 9724
Barb Hickman 612 254 5914

GREETERS

- Welcome everyone at the door
- Yellow daisy sash wearers guide guests and new members
- Order nametags for members who request
- Mingle with attendees

Coordinator: Jeri Ganz 612 710 4900
Susan Speetzen 612 747 0846



HOSPITALITY

- Volunteer to bring snacks to a meeting
- Sign up at snack table
- Bring 4 dozen goodies
- Beverages provided

Thank you to the October snack providers, the trick-or-treat bags were amazing! November treats will be provided by: Michelle Rowe Johnson, Leslie Schwanki, Kathie Smestad, Nancy Swoverland and Linda Dinan.

Coordinator: Linda Leach 425 444 2613

INFORMATION

Membership directory: phone number, email address, and mailing address
refer to electronic version in email with newsletter each month for current directory

Board Members: refer to website

Activity/committee leaders: refer to website

Newsletters: Current and past, refer to website

Events & Adventures

heART Speaks...

December 14, 11:00 am

"Christmas With Cantus" in The Meetinghouse church, a men's low voice, full-time professional chamber ensemble, applauded across the US and acclaimed by the Washington Post and Philadelphia Inquirer. Check YouTube or www.cantussings.com. Ticket price \$28.80. Tickets have been purchased for those who paid by Oct 9th. If you are not in that group, you are invited to grab a friend and make your own reservation. Seats are reserved and this is a very popular venue. Sue will wait list 2 people.

January 31, 1:00 pm

"A Mighty Fortress is our Basement" by the Church Basement Ladies at the Ames Theater in Burnsville. Group rate \$32. Six seats remain in the block of 24. Money due to Sue by December 15. Sue will wait list 2 people.

February 16, 10:00 am *EVENT FILLED*

Zentangle, the lovely art of relaxing, meditative drawing of patterns. If you can write a C, an S and an I, you can do this! We will meet virtually at a library, with Lisa Douglas, certified CZT instructor from Winona. Cost \$20, supply kit included. Payment due by January 19. Sue will wait list 2 people.

February 29, 10:00 am - 1:00 pm (Note: Revised Date) *EVENT FILLED*

Glass Fusing at Twisted Sister Art & Design in New Prague. Event cost \$25 dollars due to Sue by February 1. Your materials cost will depend on the project you choose, generally \$18 to \$35, and you will pay that to Lynne Mueller at the event. Sue will wait list 2 people.

March 21, 11:00 am

MN Orchestra, Dvorak Symphony NO.8, coffee concert at Orchestra Hall. Approximately 12 seats remain in the block held. Payment due by January 5. Cost \$43. Sue will wait list 2 people.

April, May—I have a surprise.... Save the dates, April 19, and May 3 for heART Speaks! Events are planned and will be open to 25-30 women. These will have nominal costs.

DATE TBD (Note: Revised Date)

Saori Weaving with Chiaki O'Brien, location TBD. You will complete a beautiful project to take home! Those signed up will get notified of the changed date and location. Ticket price appx \$70. Sue will wait list 2 people.

Contact: Sue Murray 612 812 3958
3783 Linden Lane, Eagan, 55123
smurray@aol.com

*As always, there will be carpooling. Your payment is your reservation. While I am unable to do refunds, there is always the option of a friend or someone on the wait list being able to purchase it from you. *

Events & Adventures (cont.)

"I am Betty"

History Theatre

www.historytheatre.com

30 East 10 St St Paul

Thu Nov 30 at 10:00 am



Betty Crocker has shaped America's homes and appetites for over a century.

Surprising to many, she was not a real person!

- 9:00: Meet at Emagine Theater
 - if you wish to carpool
 - 2055 Cliff Road Eagan
 - \$3.00 to driver and split parking fee
- 9:30: Meet in the lobby of History Theatre
 - to sit as a group, arrive together please
- 10:00: Curtain time

Great news: Everyone on the WAIT LIST who paid for a ticket will have a seat!

We ask you to form your own carpools and decide whether your group wishes to go out to eat together. Notify Deb Lingen if you have formed a carpool, and who will be riding with you. If you are unable to join a carpool, meet at Emagine Theater. Let Deb know if you can volunteer to drive from Emagine.

Contact: Judy Rau 651 600 5813

Deb Lingen 952 239 2275



HOLIDAY TEA

December 6 11:00 am

Lost Spur Golf & Event Center
2750 Sibley Memorial Hwy Eagan

- Invitation with details at end of newsletter
- Registration deadline November 20
- Hats & Gloves encouraged
- Toys for Tots donations

Event Planning: Joyce Swedan 612 834 9949

Jacque Schroeder 651 454 4711

GIRLFRIEND GETAWAYS

Watch for future trips

- Travel is an amazing experience!
- Visit destinations, near and far
- Multiple days
- Fill your life with memories, fun, and friendship

Contact: Lori Martz 612 366 2243

Events & Adventures (cont.)

Let's GO! and heART Speaks
invite you to a joint outing where
art and culture intersect

Hočokata Ti Museum

2300 Tiwahe Circle Shakopee
Nov 16 10:00 am



**THIS EVENT IS FULL
A WAIT LIST IS AVAILABLE**

Visit the Hočokata Ti Museum for a private tour of the exhibit Mdewakanton: Dwellers of the Spirit Lake. Learn about the Dakota people, their art and their history through interactive elements and a cultural interpreter. We will have a catered lunch with indigenous touches. Following our tour, our very own talented and knowledgeable **Barb Jensen** will be available to answer questions about the exhibit and Dakota history in the Shakopee area.

- Carpool from Burnhaven Library
1101 County Road 42 Burnsville
(please park on the south side)
- \$7 tour and admission (approx.)
- Lunch (see menu attached)

Reservations handled by
Sue Murray
612 812 3958
smurray@aol.com
3783 Linden Lane, Eagan, MN 55123

ATTENTION

Another Adventure Group

Out & About

This group will offer a variety of activities presented by our high schools south of the river.

Outings include:

- Theatrical performance
- Musical production
- Choral concert
- Speech team presentation
- Sign up is not required

Sign up at the Nov meeting to be included in email notifications for activities.

Event Leaders: Linda Swanson, Laura Klapperich, Naome Pregler, Barb Jensen, Sue Murray

Contact: Linda Swanson
612 703 1044
cas49@aol.com

Out & About invites you to

Hairspray

Apple Valley High School
14450 Hayes Rd Apple Valley
www.avhs.district196.org
Nov 02 3:30 pm

- Meet 3 pm inside school lobby
- Free senior preview

Contact: Linda Swanson: cas49@aol.com
Laura Klapperich: lkapp832@gmail.com

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Date changes or Special Events	Outdoor activities are weather- permitting watch for communications from group leader	Cribbage WOW- Biking	Mah Jongg Trekks "Hairspray" Golf	Sole Sisters
6	7	8	9	10
General Meeting Lunch with the Bunch		500 WOW- Biking	Crafty Ladies Golf	FMSC
13	14	15	16	17
* FMSC * Trekks Happy Hour	Bunco	WOW- Biking	Hoçokata Ti Tour Hand & Foot Golf	Ziggy's Art Bus
20	21	22	23	24
Party Bridge	Mah Jongg	WOW- Biking	*Friendsgiving Potluck event* HAPPY THANKSGIVING	
27	28	29	30	
Duplicate Bridge	Sole Sisters	WOW- Biking	*Book Club* "I am Betty" Golf	

****Friendsgiving Potluck Party****



Date: Thursday November 23, 2023 Thanksgiving Day 1:00pm

Tired of frozen TV dinners, cooking for one or your relatives? Looking for ladies who would like to come to a member's home in Eagan on Thanksgiving. It will be potluck with good conversation, board games and cards afterwards. Limited clean up - dishwasher is working.

Please sign up at Nov meeting

More details to follow

Contact: Cyndia Thimsen cjthimsen1@Comcast.net 651-686-6801

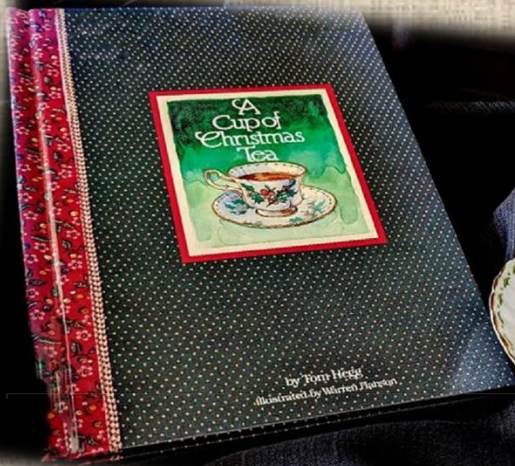
Happy Thanksgiving

Holiday Tea

Wednesday Dec 6, 2023

Lost Spur Golf and Event Center
2750 Sibley Memorial Highway

Eagan, Mn



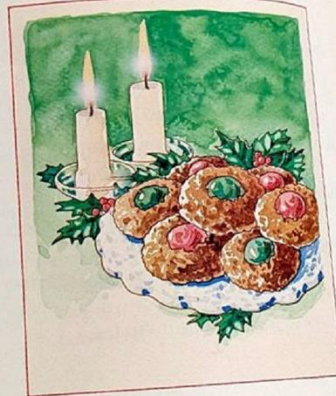
Holiday Tea

11:00 Social Hour, cash bar

12:00 Buffet Lunch featuring sandwich loaf (ham, tuna, egg salad), salad bowl, fruit & vegetable trays, cookies, coffee, tea, and water

Entertainment: Enjoy music and presentation by author, teacher and theatrical professional Tom Hegg who wrote Peef the Bear and Christmas Tea books

Bring an unwrapped gift for Toys for Tots



Make \$25 check payable to: **New Sociables**

Mail to : Joyce Swedean 1535A Clemson Dr. Eagan MN 55122 or

bring to October or November meeting. Enclose a note if you have special dietary needs

Register by: November 20th

Door prizes during event

Questions: Joyce Swedean 612 834 9949 or Jacquie Schroeder 651 600 2446